



Creating a Safe Space for Recovery



A dedicated space where women experiencing substance use and co-occurring mental health disorders receive the support needed to move forward in recovery.

Inside the Women's Residential Center



From the moment clients arrive, they are welcomed into a safe, home-like environment where they are treated with dignity and respect.

Meet the Heart of Our Healing Team



Sandradee Mott is a Therapist at DAF where she brings compassion, empathy, and active listening to her work with women in recovery. She holds dual Master's degrees in Psychology and School Counseling, as well as a BS in Psychology with a minor in Criminal Justice from Florida Memorial University. Prior to joining DAF, she served as Lead DCM with Children's Home Society and worked for 10 years as a Correctional Officer with the Bahamas Department of Correction.



Lashara Johnson is a Certified Behavioral Health Technician (CBHT) at DAF who has been serving in this role for over a year. She provides support to our clients through her genuine care and dedication. Her passion for mentorship began as a cheerleader and coach, and it continues in her current role, where she empowers those she serves. Lashara is committed to uplifting others, guided by the philosophy: "Do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough troubles of its own."



Where Women Heal and Recovery Begins

In addition to substance use treatment, women in the program receive 24-hour support, including Medication-Assisted Treatment (MAT) when needed. Services also include individual and group counseling, peer recovery coaching, life skills training, job readiness assistance, and housing support.